Therapeutic Recreation: A Practical Approach

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Synopsis

Part I contains a comprehensive discussion of the field’s history and theoretical underpinnings, providing students with the perspective they need to evaluate the social, cultural, demographic, economic, and technical forces that have shaped and are continuing to impact health and human services in general, and therapeutic recreation in particular. Part II introduces students to the client populations served by therapeutic recreation specialists and describes specific approaches and activities employed by TR professionals to help clients achieve meaningful improvements in health status, functional capacities, and quality of life. The authors have retained the practical, student-oriented approach that makes this an ideal text for introductory courses. They address all content areas included in the NCTRC certification exam, are compatible with the American Psychiatric Association on psychological classifications, and incorporate the World Health Organization’s international classification of functioning, disability, and health. The latest edition contains updated information on baby boomers, the obesity epidemic, and evidence-based practices; field-based photographs and illustrations; and study questions and exercises designed to engage students.

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Customer Reviews

If I had to recommend a beginners book for Therapeutic Recreation I would most definitely recommend this book because of its easy reading. As a beginner you want something that is interesting and easy to understand and with this book you get all of that and more.

I thought this was a good text for my Intro class. I wish I hadn't sold it back after the semester. I re bought this text to study for my CTRS exam. It has proved invaluable.

I ordered this because the book was not available in the book store in my school. It is a required text, but I see myself using this book going into the profession itself. I wont be selling this book back.

The book is advertised as the fourth edition so I thought that was what I would receive but it was not. Needed the forth edition for class not the original. They have different content.

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