Skillstreaming The Adolescent: A Guide For Teaching Prosocial Skills, 3rd Edition (with CD)
This widely-acclaimed approach developed by the late Dr. Arnold P. Goldstein and colleagues is now in 8.5 by 11 format with reproducible skill outlines, skill homework reports, and program forms, with a forms CD. Skillstreaming the Adolescent employs a four-part training approach: modeling, role-playing, performance feedback, and generalization to teach essential prosocial skills to adolescents. This book provides a complete description of the Skillstreaming program, with instructions for teaching 50 prosocial skills. Chapters on effective Skillstreaming arrangements, Skillstreaming teaching procedures, refining skill use, teaching for skill generalization, managing behavior problems, Skillstreaming in the school context, and more. Skill outlines are handy one-page summaries for each skill, including skill steps, guidelines for skill instruction, and suggested situations for modeling displays. Homework reports list skill steps and guide students in practicing the skills and evaluating skill use outside the Skillstreaming group. Appendixes provide all program forms needed to ensure a successful Skillstreaming intervention, plus leader and observer checklists to ensure program integrity.

Paperback: 400 pages
Publisher: Research Press; Third Edition edition (September 16, 2011)
Language: English
ISBN-10: 0878226532
Product Dimensions: 1 x 8.2 x 10.8 inches
Shipping Weight: 2.2 pounds (View shipping rates and policies)
Average Customer Review: 4.8 out of 5 stars (See all reviews (6 customer reviews)
Best Sellers Rank: #69,680 in Books (See Top 100 in Books) #63 in Books > Education & Teaching > Schools & Teaching > Student Life #120 in Books > Education & Teaching > Schools & Teaching > Education Theory > Educational Psychology #240 in Books > Textbooks > Education > Elementary Education

I purchased this guide to use for my National Board Certification. I used the ideas for lessons for my high school students. They enjoyed the lessons and learned some excellent skills. My kids liked responded well to the role-playing scenarios suggested in the guide. If you have students who would benefit from learning and practicing positive social skills, you may want to give this guide a
try. This version comes with a DVD of the printable materials.

Used this for training for staff. Well written, good information and easy to read and follow. Good book recommended for reading

Used for teaching youth in a "group home" skills, works well and highly recommended.

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