Surgery Open Heart: A Surgical Nurse Guides You Through Open Heart Surgery (Open Heart Surgery, Aortic Valve / Mitral Valve Replacement, Coronary Artery Bypass, Aortic Aneurysm, Myxoma)
Learn Step by Step the Entire Experience of Open Heart Surgery

There are benefits and risks involved in every surgery, especially one as important as open heart surgery. By following the up-to-date guidelines in this book, you can minimize your risks and achieve a great outcome from your cardiac surgery. A surgical nurse with over 20 years of operating room experience guides you through your open heart surgery. Understand each step of the process, from your diagnosis, tests, surgery, and recovery -- to what you can expect the day you finally return home. Learn about all the healthcare providers you will encounter. What are their roles? What are their expectations of you? Who is the best?

This book answers all those questions.

The truth is, surgery is scary. Open heart surgery is probably ranked as one of the most frightening surgeries -- it is an unknown to most people. The very thought of heart surgery creates fear and anxiety in most people: Am I going to make it through this operation? Is something going to go wrong? Am I going to die?!

Surgery: Open Heart will answer all these questions, plus many more. Wherever you are on this journey -- whether you’re just receiving your diagnosis, days away from a scheduled surgery, or even recovering from surgery at home -- this book will help you stay strong and focused. The primary purpose of this book is to help you reach your goals for life after open heart surgery: returning to work, enjoying walks with your family, playing sports, fishing, or even just resting in your favorite chair and watching TV.

Download Surgery: Open Heart today! Let’s get you in to the operating room, past the recovery room, and safely home with your family -- where you belong!

Here is a preview of what you will learn:

Your Initial Diagnosis, Tests, and Preparations
How to Pick the Best Surgeon
What to Do the Night Before Surgery
Your Surgical Day: Operating Room Staff
What Happens While You’re Sleeping
Recovering in the ICU
Inpatient Ward: Getting Closer to Home
Home Sweet Home
Helpful Websites

Download Surgery: Open Heart today for only $2.99!

Book Information

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I had undergone CS operations before, so basically, I had my share of experience about those discussed items upon arrival in ER. And during those times, I asked myself why there was a need for those interview questions. The author did an awesome job in explaining what to expect upon admittance to the ER and part of that is the need for the information that would be recorded by the staffs/nurse in the ER. When reading the book, you are as if in the actual ER, I imagine all that would happen because the author was able to narrate the story just as clearly that any ordinary person be able to understand. The ideas were presented as if you are just talking with some friend, casually discussing what happens from the ER to operating room to recovery. I recommend this book to people who wants to be aware on what to prepare or expect during that operation day, this book will definitely guide you on the actual scenario rather than just having high hopes or expectations. The good thing about relying on actual scenario (which I said the book has presented) is that you don’t get disappointed, you get emotionally and physically prepared prior to the day and during the actual day of your operation.

Personally I loathe hearing medical words and definitions, even if it’s a serious illness. I mean what’s the point when I can’t understand half of it. This book is a relief from all the Googling I did on this subject. In some places different tips and situations, or additions and such things are included. For example there was one defining a situation where the father sends his son to get blood drawn instead of him since he is afraid of needles. To complicate matters more, bother father and son had the same names. Luckily before the surgery this was found out, surgery cancelled and the father sent for his own blood test. This is written in simple English (i.e. no big medical terms) and would be an essential read for both the patient and their family to get a better impression of the...
surgery and their situation.

This book is an eye opener and educating. I was never aware of how many pre-op test there are for open-heart surgery. I have learned that a CT scan also called the Cardiac Computerized Tomography test is essentially an x-ray of your heart. What is also interesting about this test is that with the aid of a computer, this test combines several x-ray images to produce a cross section of your heart. That is why I love this book! It educates the reader on numerous diagnosis, pre-tests and preparation for open heart surgery. Also I loved how fast this book was delivered to my digital library so i can begin reading. I suggest you buy this book thank you and god bless.

Opened my eyes to where I am headed in the next couple of months. Still have not done my pre-op tests, but I am learning what to ask about - very informative / confirms much of what I’ve been told by others!

I’m preparing for this surgery so this was a great read to get a glimpse of what I’m in for. This booked helped me learn the right questions to ask and how to be proactive before my open-heart surgery. It was truthful and honest from one who experienced this surgery. I knew what to expect right from the start and I felt much better.

Thank you so much for this book! Our son was born with a complex case of TGA & had his first open heart at 6 days old. He is now 26 preparing for his second open heart to replace his aortic valve, aortic root & pulmonary valve. Took so many notes while reading your book that I urged both my husband & son to read it. Thank you!

Steve was able to give me very positive information about what I'm up against. I will be having bypass surgery shortly and this book took some of the mystery and therefore some of the fear away. I would suggest he not talk about saws or anything like that but it is information non the less. He has put this information together basically out of his own good heart and that is amazing. Starting from when you get diagnosed to when you come home and everything in between. This is a niche book but if everyone continues to eat badly and not exercise it may unfortunately become a main steam book after all.

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