When Bad Things Happen To Good People

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HAROLD S. KUSHNER

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When Harold Kushner’s three-year-old son was diagnosed with a degenerative disease and that he would only live until his early teens, he was faced with one of life’s most difficult questions: Why, God? Years later, Rabbi Kushner wrote this straightforward, elegant contemplation of the doubts and fears that arise when tragedy strikes. Kushner shares his wisdom as a rabbi, a parent, a reader, and a human being. Often imitated but never superseded, When Bad Things Happen to Good People is a classic that offers clear thinking and consolation in times of sorrow. Since its original publication in 1981, When Bad Things Happen to Good People has brought solace and hope to millions of readers and its author has become a nationally known spiritual leader.

Synopsis

In a time when so many people are striving for an explanation of why their lives turn out a certain way, or why things (good or bad) happen to them, the expressions "it’s all part of God’s plan," "everything happens for the best," or "it just wasn’t meant to be," and so on, have became a little tiresome. In "When Bad Things Happen to Good People," Rabbi Harold S. Kushner offers a refreshing point of view that differs from those who think everything occurs on earth because God wants it that way, and at the same time provides a surprising comfort in the fact that events actually can, and do, take place for no reason at all. I read the original version of this book in the early 80’s (several times since), and what struck me was that Rabbi Kushner was able to reconcile a common Judeo-Christian view of God and causality with a perspective of life that holds a place for randomness and happenstance. Yes! Things happen in life that God has nothing to do with, and...
there is a way to find peace in accepting this. For those who enjoy contemplating and discussing the purpose of life, faith, and good & bad, you MUST read this book . . . then set aside some more time for thought and conversation. If you've ever experienced the untimely loss of a loved one, or been through any traumatizing life experience, get this book. It is personal, thought-provoking, well-written, and very easy to understand. I am certain you will find comfort. If you're just simply interested in learning about God and the meaning of things in your life from a wonderful man and a great writer, get this book.

When I faced incredible loss a few years ago, I was amazed at the insensitive words my so-called friends offered in their "compassion", words that cut me right to the bone of my soul. It seemed that my grief was a burden for many. I painfully watched many of my closest friends distance themselves from me and even resent me for the tragedy and emotion that I had no control over. I questioned my feelings, my thoughts, and even my faith. This book is a comfort for all people who have been forced to swallow such stupid sentiments in their times of grief and loss. It is an exploration of how we comfort each other in such terrifying times, and the dumb mistakes we make. Most of these sentiments wax on about God, why He created a world in which such pain exists: Is this all part of a greater good, a higher order? Is God testing you, expanding your soul for your own good? Has He taken your loved ones to a better place? This book gets right to the heart of the matter, that people in fact say such things as disguised justification for their own lack of understanding. They say things in defense of God to keep their world in order and the senseless tragedy in your life out of theirs. For example, someone might tell you, "God gave this grief to you as a test, because He loved you so very much, and knew you would become a better person for it," (to which the author replies, "If only I had been a weaker person, my daughter would still be alive."). And yet, author Harold Kushner weaves this with a deep exploration of God and how He helps us and loves us. This is no cheap excuse for shallow religion. The knowledge Kushner shares has obviously been earned through incredible personal pain.

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