Updated throughout and filled with all the latest research, the bestselling Surviving Schizophrenia is back, now in its sixth edition. Since its first publication in 1983, Surviving Schizophrenia has become the standard reference book on the disease and has helped thousands of patients, their families, and mental health professionals. In clear language, this much-praised and important book describes the nature, causes, symptoms, treatment, and course of schizophrenia and also explores living with it from both the patient’s and the family’s point of view. This new, completely updated sixth edition includes the latest research findings on what causes the disease, as well as information about the newest drugs for treatment, and answers the questions most often asked by families, consumers, and providers.

**Book Information**

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**Customer Reviews**

This book is a good overview of the treatment of schizophrenia. I couldn’t give it five stars only because I agree with the other reviewer that E. Fuller Torrey isn’t hopeful that a lot of people diagnosed with schizophrenia can completely recover. He quotes research that claims 25 percent recover completely without medication and 25 percent are much improved relatively independent. This doesn’t inspire hope for individuals who need to take medication in order to recover or be in remission. This technicality prevents me from giving the Torrey book 5 stars. It’s true that individuals who have recovered with the aid of medication have gone on to become CEOs, executives, social workers and other professionals. The anti-psychiatry reviewers appear not to have read the Torrey book closely. In it, he states that if a person is doing well it’s possible to discontinue the medication.
to see if he is one of the 25 percent that doesn’t need medication. Torrey has stated this ever since the first edition of Surviving Schizophrenia. This overview of the treatment of schizophrenia should be read by everyone directly affected by this illness. I prefer it to the other books on the topic because it goes into detail about symptoms, how to diagnose, theories of causes, medication and resources that are helpful and resources that should be avoided. Anyone who claims schizophrenia is not a real illness most likely hasn’t experienced the hell of all-too-real symptoms or watched in heartache as they lost a loved one to this illness. For those of us in these camps there’s no better guide than Surviving Schizophrenia, 6th edition. Just remember to take with a grain of salt Torrey’s claim that most people can’t recover.

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