Multiple Sclerosis
**Synopsis**

"This book has been written for those newly diagnosed with multiple sclerosis. It is a guide to learning about the disease, its potential impact on your life, and the medical treatments now available for managing it successfully. This is a time of great excitement in research and advances in clinical management, such that most people who have multiple sclerosis can lead full and productive lives. This fourth edition is current and updated throughout, and includes a review of the controversy surrounding CCVSI and multiple sclerosis, discussion of the new pill Gelenya and other drugs in development for multiple sclerosis, new information on the drug Tysabri, and discussion of treatments and complementary and alternative medicine in MS. This the place to begin your education about MS."

**Book Information**

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#98 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Physical Impairments  
#236 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System

**Customer Reviews**

This is a wonderful book for anyone newly diagnosed with or who may think they have MS. The info is written so it easy to understand by the lay person. In my opinion the info is accurate because I compared it with another book on MS which was written for medical professionals. It also is uplifting because it makes you realize that with all of the medical advances, a diagnosis of MS is not an automatic death sentence or one if disability. I highly recommend it.

I have not been diagnosed with ms yet, last week had a spinal tap and various blood work. Have been experiencing several symptoms and this was a great book to help me get an understanding
and handle on what i might be facing.

Very informative book about the history of MS, diagnosing, guidelines, coping skills and treatments available. Also has many informational resources into, financial info and planning for the future. There is information on research and complementary medicine. This book is very helpful.

The book is great for someone who is newly diagnosed and filled with clinical data that can help to understand what is happening with our bodies. Some of the clinical data is a little off with regards to the medications but for the most part everything else in the book is exactly what you can find in clinical data and trials. If you do not have a medical background I would suggest reading this on the Kindle and looking the words up on a search engine to get a full understanding of the information it provides.

Multiple Sclerosis: A Guide for the Newly Diagnosed
My first experience with MS came with my ex mother in law and I wish I had this book then. It would have helped me deal with her and maybe even the rest of her family. The book is written by T. Jock Murray, Carol Saunders and Nancy J. Holland between all of them they hold a lot of titles that bring a lot of experience and expertise to this book and makes this a good book for those who are newly diagnosed. The book took me a while to read but there is a lot to learn plus for me I this type of book always takes time. This book is also good for family as well I thought as I read it. I think that this book is very detailed on history of this disease and I really like how it encourages living your life to the best with help of excise and diet. They talk of not allowing the disease to define you. I talks of medicine used to keep the MS at bay. I think this is a good book to have in your library if you have MS or if you live or know someone with MS. I give this book my five star rating because it is that good and has great information.

excellent book to learn about MS. my son now has Multiple sclerosis and the book has help to understand more about what he is going thru. I highly recommend this book. Gerri

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