**Synopsis**

Designed for sufferers of Tourette's and their families and friends, a practical guide offers detailed information about diagnosing, treating, and dealing with Tourette syndrome at home, school, and work. 15,000 first printing.

**Book Information**

Paperback: 256 pages  
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#77 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Tourette Syndrome  
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**Customer Reviews**

Miles from NY is mistaken when he says the author has 3 kids w/ TS, but doesn’t have it herself. She does and mentions that in the beginning of the book. Because of her experience in having TS and then having children with it, she is helpful to walk readers through what to expect and how to head off problems before they exist. She also has a great deal of info for adults with TS...to tell or not tell at job interviews, socializing, and even living situations. A caring and careful job of communication on the issues facing those with TS or TS in their families.

I love this book! It’s a bit older but it still has a lot of incredible information in it. Living with someone who has tourettes isn’t always easy so you really need to do lots of research, get support, and just learn to go with the flow. I would recommend this book to anyone who has tourettes, lives with someone with tourettes, knows someone with tourettes.

Mrs. Shimberg’s candor and very readable style make you feel like you’re not alone (and you’re not!). A very wonderful treatment of a malady that is another aspect of the “human condition.” Relax with this book and learn how to “flow with the go.”
This is a must read for people trying to understand Tourette’s. It is an easy to read and understand book for people with little knowledge of the syndrome. The author shares her personal experience as well as facts about meds, treatment, symptoms, misdiagnosis, and learning to live with it. Very informative. A lot is packed into this one book. Highly recommended for people that either have TS or have a family member with it.

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