Bone Health: Osteoporosis And Osteopenia Solutions

Bone Health

Dr. John Bergman

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America’s healthcare system is broken and the bi-phosphate drugs such as Boniva and Fosamax shine a spotlight on its faults. We can no longer drug symptoms hoping to cure the cause. The body is built to be healthy. We must approach it with respect and awe. Every one of us has the ability to live to over 120 years of age...QUALITY years not just quantity. Back to those osteoporosis drugs. I never said that this makes bone stronger, healthier, or decreased bone damage? We have a problem here if you look too deep in this but if the body is exposed in a toxic environment your body will constantly withdraw calcium from the bone back. This happens in order to regulate blood. Does this mean that the drug will make the body more acidic and increased cancer rates? This could be very bad! When looking further into this, they had a tough time selling this chemical. We have no ethics because we’re Merck. We also have no morals but we’re big into profit. We want to sell this chemical to people but there are only 200 bone densitometers in America. They check the whole body and it’s a really good system. They created a non-profit institute and named it the Bone Measurement Institute. This was one of the first ones and a lot of these nonprofit organizations are started by chemical companies. This is in order to promote their products. So this Bone Measurement Institute was established by Merck, had one staff member, and only one desk. He would start to buy the smaller, cheaper densitometers that only checked a few things and were inaccurate...

**Book Information**

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Customer Reviews

John Bergman has some novel ideas, most of which I give some thought to, but his writing style is
extremely amateurish and non-professional so I think he would have a better time of it if he stuck to
showing his case rather than endlessly converting people who haven’t thought outside of the box.
The books he writes are mostly that, when I’d rather hear more about the topic.

This book should be given five stars as the information is worth knowing but it has way too many
grammatical errors. The author should take the time to have someone correct the errors as it made
it difficult to understand at times.

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