Pulmonary Fibrosis: Coping With A Terminal Disease

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By Robert Post
Synopsis
Pulmonary Fibrosis: Coping With a Terminal Disease by Robert Post
What do you do when you learn you have Pulmonary Fibrosis, a terminal disease for which there is presently no cure? The author relates his personal experience and explains how he has learned to cope with the disease, products and methods he uses for maintaining health and combating progression of the disease and explains how you can, too. A linked resources section gives advice on finding and using support groups and Pulmonary Rehabilitation programs. Products and sources are identified that the author has found to be beneficial or vital for health maintenance. This publication contains frank material that some may find disturbing to read but the author feels the patient and their caregiver must address these issues eventually. The author also feels that being proactive in your care and treatment has multiple benefits including a better quality of life and lifestyle. This publication is 6,735 words in length. Cover illustration is taken from one of the author’s actual CT Scan films. Free periodic updates will be offered as new information becomes available.

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Customer Reviews
I wish that I had found this book a couple of years ago, when they started trying to diagnose me. They finally decided, after I ended up in the hospital for the first time this year, that I have pulmonary fibrosis. After being told that I have a year left, or if I'm lucky, two or three.....

I appreciate the matter of fact and honest approach. I look forward to checking into the resources provided. Would love to have an update on how the author is doing and what other changes were made in his life, like did he continue to work, any changes needed to his family environment and routine (beyond eating better and exercise). Quick and easy read, thank you!

My brother was recently diagnosed with Idiopathic Pulmonary Fibrosis (IPF) and I thought this short book contained lots of practical information as well as a good perspective.

I didn't learn a great deal about PF, but in all fairness I already knew a lot about the disease. I was looking for more insight on coping, but I'm afraid I'm already coping as well as I can.

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Cystic Fibrosis: The Cystic Fibrosis Care & Relief Guide - An Essential Guide For Parents And Family & Friends Caring For Cystic Fibrosis Patients (Respiratory ... Genetic Disease, Chronic Disease Book 1) Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice
Pulmonary Pathophysiology: The Essentials (PULMONARY PATHOPHYSIOLOGY (WEST))
Breathing Should Never Be Hard Work: One Man's Journey With Idiopathic Pulmonary Fibrosis
Cystic Fibrosis and Pulmonary Adenocarcinoma: Both Metabolic and Dietary Acidic Conditions
Cystic Fibrosis Life Expectancy: 30, 50, 70... (Health, Fitness and Dieting: Children’s Health: Cystic Fibrosis Book 1)
Coughing the Distance - from Paris to Istanbul with Cystic Fibrosis: Cycling from Paris to Istanbul with Cystic Fibrosis
Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay)
Chronic Obstructive Pulmonary Disease (The Facts)
Positive Options for Living with COPD: Self-Help and Treatment for Chronic Obstructive Pulmonary Disease (Positive Options for Health)
COPD Exercises 2013: 50 Activity Ideas for Chronic Obstructive Pulmonary Disease Patients
Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer, Coping With Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung ... Cure, Prostate Cancer, Cancer Prevention)
How to Help an Alcoholic: Coping with Alcoholism and Substance Abuse (Help an Alcoholic Spouse, Alcoholic Family
Member, Friend or Addict) (Coping with ... Husband, Dependence, Domestic Abuse) Coping With An Addict: How to deal with drug addicts, substance abusers using pot, prescription pills, cocaine or methamphetamines (Coping With Alcoholism and Substance Abuse Book 5) Cystic Fibrosis (Genes & Disease) The Troubled Dream of Genetic Medicine: Ethnicity and Innovation in Tay-Sachs, Cystic Fibrosis, and Sickle Cell Disease Treatment of the Hospitalized Cystic Fibrosis Patient (Lung Biology in Health and Disease, vol. 109) Chronic Kidney Disease: The Ultimate Guide to Chronic Kidney Disease: Diet, Prevention, Early Detection and Fast Treatment! (Kidney Stones, Kidney Disease Solution, Kidney Health) Take Control of the Mac Command Line with Terminal

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