Assessment For Crisis Intervention: A Triage Assessment Model

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Handling crisis situations is a scary and often intimidating task for many beginning and even seasoned counselors, social workers, human service workers, psychologists, nurses, police officers and other professionals. Assessment is the foundation and most critical process in crisis intervention since it helps provide the practitioner with essential information reducing the trial and error method that many practitioners find themselves using. Myer discusses a three-dimensional model for understanding the assessment process using affect, cognition, and behavior reactions as the three core components of the assessment process. Unique in its focus on assessment in crisis intervention, this text provides a needed element that is often left out or treated superficially in other crisis intervention texts.

**Book Information**

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**Customer Reviews**

Before I go in depth about the book, I want to talk about my background. I’m a Masters Level counseling student and this is one of the books I had to read for class. I would give this at least three stars if someone was interested in crisis intervention who had no prior experience with counseling techniques. The book had several flaws, despite this there were some strengths. Below I will make a list of what the pros and cons of the book were:  
+ Lots of citations and research  
+ Thoroughly goes over the Triage Assessment Form  
+ Three good complete case studies  
+ For the most part easy to follow  
+ ALOT of overlapping information. There is a chapter
dedicated to exclusively to each cognitive, behavioral, and affective reactions. While this may not be unjustified, the book repeats a lot of the same information that overlaps between the three. Its on a scale, don't pressure the client, be careful for cultural differences, etc.-It is a plus that the book is easy to follow, but this is a double-edged sword. The author likes to use lists with a paragraph dedicated to each item on the list. First. Second. Third. etc. This gets a little mind numbing after awhile. To be fair, rather an easy read than an interesting read given the graveness of the context.-A lot of the research isn't something directly useful and is very anecdotal / circumstantial. While I strongly agree that the counselor should be aware of cultural facets, scattering random tidbits of information throughout the chapters is hardly helpful. Anecdotal: African Americans MAY be more expressive of their emotions as they grieve (pg. 47) Circumstantial: Asian Americans orientation is primarily past and present (pg. 68)-Some slightly ambivalent information.

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