How Charles Atlas Got Me Through A Bone Marrow Transplant: (and Helped Beat An Almost Unbeatable Cancer)
"How Charles Atlas Got Me Through a Bone Marrow Transplant" tells the story of journalist William Tucker's battle with Acute Lymphoblastic Lymphoma, one of the most deadly cancers. Tethered to a "pole" of intravenous fluids for a month, Tucker found he could stay active and even improve his physique by practicing the Charles Atlas routine that he learned as a teenager. The exercise routine carried him through a procedure where his doctors admitted later he had only a 1 percent chance of survival. Told with verve and humor, the book is only 100 pages long and can be read in one sitting.

**Book Information**

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**Customer Reviews**

I liked this alot. One of the few Kindle books that I actually completed reading; seriously, most are just bad and I peruse and quit. The author related his experiences in a very down-to-earth manner, like he was sitting across from you and talking. An interesting read. Thank you for sharing William, and I hope all is well with you and yours.

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