Twenty-Four Hours A Day
Synopsis
Reprint of 1954 Edition. Richard Walker, the author of this work, is the second most popular Twelve Step recovery author in total sales, after Bill Wilson. Walker has helped untold numbers of alcoholics through his writings. "Twenty-Four Hours a Day" is a book of meditation, thought, and prayer that is soul inspiring, spiritually uplifting, and filled with sage words of wisdom. While geared toward members of Alcoholics Anonymous to help them in their daily program of recovery, the book has much to offer any individual who is working on self-improvement and personal growth, and who is searching for spiritual uplifting and guidance. The book is divided into the 365 days of the calendar year, offering a thought, meditation, and related short prayer on each day. Much of the material is based on the Big Book and other A.A. literature. A classic work.

Book Information
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Customer Reviews
Much has been said about Twenty-Four Hours A Day in general. I'll be focusing on this Martino reprint specifically. This reprint is definitely on the primitive side. It is BIG, for one thing. You won't be slipping this copy in your breast pocket. The entries for each day are clustered in two columns
throughout, in a very basic Arial type font. The cover image seems an odd choice, as there’s nothing particularly eastern in the content of this book. "Awkward" and "unwieldy" come to mind as appropriate to describe the format of this reprint. BUT!...It is great to have this book available, AS WRITTEN by Richmond Walker in 1948, at such a low cost. Hazelden made changes to almost every entry in 1975, taking liberties with this immensely important work that I don’t believe they should have. I’m grateful to Martino Publishing for re-releasing the complete original text for those who want to read about and learn to live the early A.A. program. Original copies from before the 1975 revisions, that are beautifully formatted, can be found for sale many places online. They come up pretty regularly, and range in price anywhere from $20-$2000, depending on the printing. Despite it’s oddball formatting, this Martino reprint does indeed provide the original text, without the hassles of navigating the world of the vintage book market, and that alone makes it worthwhile.

I was unaware that it was a larger book (approx 9"x11") and not the smaller / personal sized (4"x6") product that I usually purchase. We have used this book for years in our offices. I has helped, inspired and provoked many people to positive actions in their lives. I appreciate the spiritual references. Watch out for the size of the book you choose!

Having the benefit of owning and having used "Twenty-Four Hours A Day" and "Daily Reflections", I find this book a calm bright beacon, a steady light by which to work while "Daily Reflections" is a sputtering candle, uneven and less bright. "Twenty-Four Hours A Day" is now the one for which I reach. I’m not sure where the other is nor frankly do I care. Note to insiders: It makes absolutely no difference whether any book is "conference approved" or not. The Traditions were written to protect the fellowship from over ambitious sorts who go on rule writing benders. Bill Wilson himself wrote we are free to read whatsoever we want to read. The conference in fact never approved the Big Book’s first edition until just very lately when it found a way to make money off the recent reprint. By and large what it approves is what it owns the publishing rights to while keeping absolutely silent about other earlier materials from the era of our most dynamic growth. It’s your responsibility to decide what you read, yours and yours alone.

I bought two. They were well received and very appreciated. A must have for those who want to begin there day on a spiritual plane or reset their thinking at anytime during the day. Easy to read, large print and 365 days (January 1 through December 31).
I have found this book to be a great inspiration of thoughts to help me kick start my day in a positive way as well as in a way that I can have some peace in the morning, or whenever I read it. It gives great ideas for prayer and meditation. It’s a great starting point for meditation in the morning and the prayers are written in a short, to the point way so that it isn’t difficult to remember throughout the day.

I bought several of these to sell or give as gifts since our local offices don’t sell because even though they’ve been used by the fellowship for years, they are not AWS approved. These are nice, I love the larger print, but in the future I’ll spend more money and buy the pocket sized.

Excellent book for use in my daily CD groups- give great messages. It encourages my patients to read a daily devotional.

Didn’t realize it was a big clunky version of groovy small black book. My favorite. My fault but don’t like.

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